



## TAC'S REGIONAIS 2024/2025 ANICentro / ANAlentejo



FEMININOS						MASCULINOS						
Infantil B	Infantil A	Juvenil B	Juvenil A	Juniores	Seniores	Infantil B	Infantil A	Juvenil B	Juvenil A	Juniores	Seniores	
12	13	14	15	16, 17 e 18	19 e +	13	14	15	16	17 e 18	19 e +	
...	...	00:34.08	00:33.58	00:33.03	00:32.88	50 L	...	...	00:30.22	00:29.66	00:29.02	00:28.42
01:39.00	01:32.00	01:21.15	01:18.30	01:17.50	01:16.70	100 L	01:26.00	01:17.00	01:10.34	01:08.60	01:07.80	01:08.00
03:27.00	03:12.00	02:55.10	02:50.35	02:47.35	02:46.35	200 L	03:05.00	02:50.00	02:35.07	02:29.84	02:26.84	02:25.84
06:58.00	6:18.00	06:08.80	05:57.34	05:52.34	05:50.34	400 L	06:12.00	05:52.20	05:28.81	05:18.19	05:12.19	05:08.19
13:30.00	13:00.00	12:20.00	12:00.00	11:52.00	11:45.00	800 L	...	...	11:20.00	10:55.00	10:37.00	10:24.00
...	...	23:50.00	23:20.00	22:40.00	22:20.00	1500 L	23:50.00	22:50.00	21:36.81	21:07.26	20:45.26	20:16.26
...	...	...	...	...	...	4x50 L	...	...	...	...	...	...
...	...	...	...	...	...	4x100 L	...	...	...	...	...	...
...	...	...	...	...	...	4x200 L	...	...	...	...	...	...
...	...	00:39.79	00:38.79	00:38.31	00:38.01	50 C	...	...	00:33.84	00:32.84	00:32.49	00:32.09
01:52.00	01:38.00	01:32.00	01:30.64	01:28.64	01:27.64	100 C	01:41.00	01:35.00	01:18.87	01:17.86	01:17.46	01:16.16
03:57.00	3:35.00	03:19.00	03:14.67	03:11.67	03:09.67	200 C	03:24.00	03:19.00	02:50.96	02:46.29	02:43.29	02:42.29
...	...	00:44.15	00:43.65	00:43.12	00:42.91	50 B	...	...	00:37.97	00:37.17	00:36.65	00:36.17
02:07.00	01:50.00	01:44.50	01:41.96	01:40.96	01:39.96	100 B	01:49.00	01:43.00	01:33.84	01:28.91	01:27.91	01:26.91
04:24.40	03:56.00	03:44.60	03:34.64	03:34.64	03:34.64	200 B	04:00.00	03:50.00	03:19.47	03:13.60	03:12.60	03:10.60
...	...	00:36.76	00:35.76	00:34.35	00:33.76	50 M	...	...	00:32.06	00:31.06	00:30.56	00:30.06
01:49.00	01:36.00	01:32.20	01:28.16	01:26.16	01:25.16	100 M	01:50.00	01:39.00	01:18.51	01:15.56	01:14.56	01:13.56
04:00.00	03:36.00	03:24.50	03:16.87	03:13.87	03:12.87	200 M	03:28.20	03:12.20	02:55.13	02:48.00	02:45.00	02:44.00
...	...	01:28.90	01:27.60	01:26.60	01:25.60	100 E	...	...	01:17.80	01:16.80	01:15.80	01:14.80
03:59.00	03:37.00	03:19.70	03:11.84	03:09.84	03:08.84	200 E	03:37.00	03:11.00	02:54.31	02:50.84	02:48.84	02:47.84
07:39.00	07:16.20	06:53.30	06:28.24	06:24.24	06:22.24	400 E	07:00.00	06:42.00	06:14.02	06:04.86	06:01.86	05:58.86
...	...	...	...	...	...	4x50 E	...	...	...	...	...	...
...	...	...	...	...	...	4x100 E	...	...	...	...	...	...